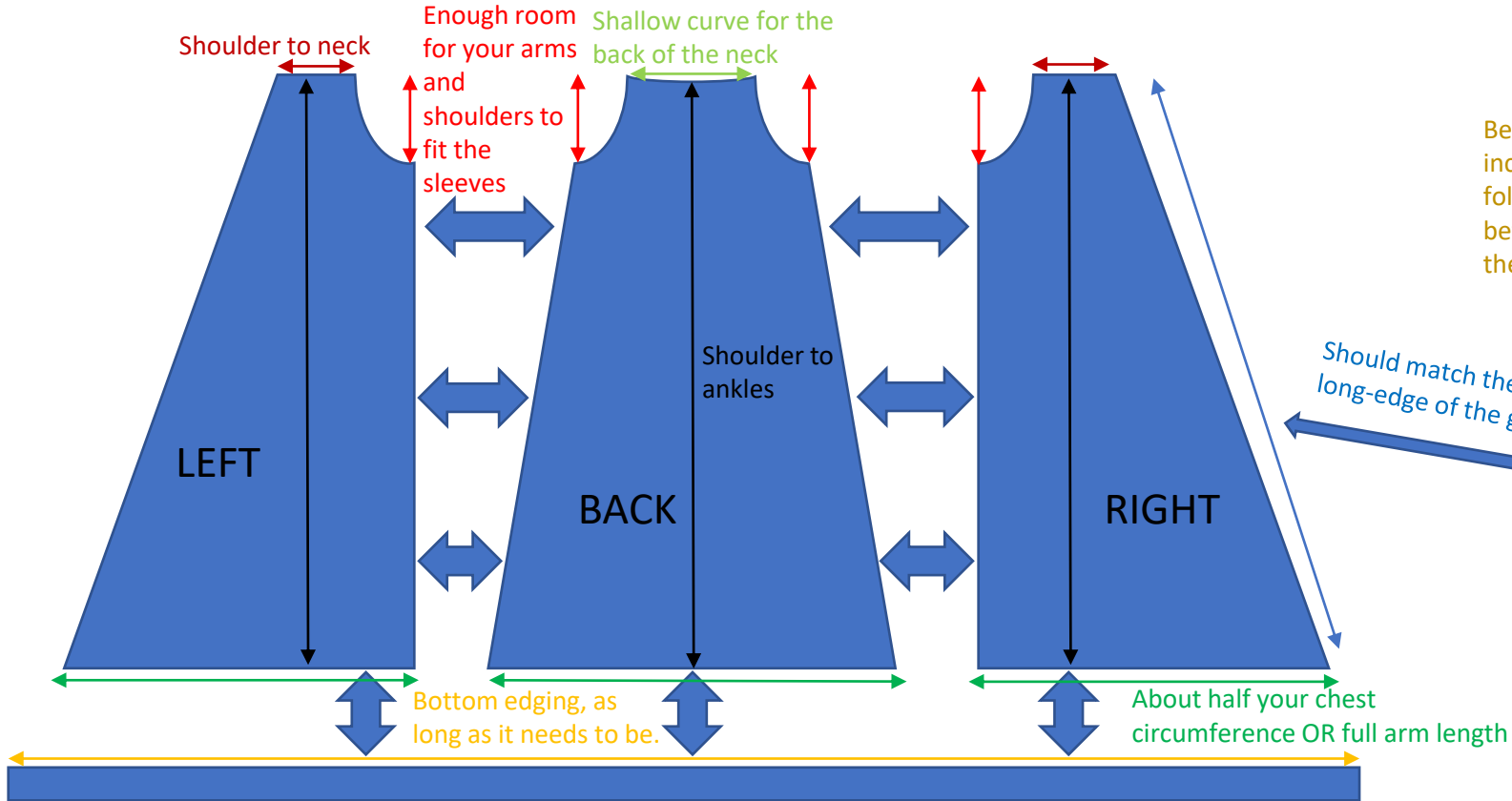


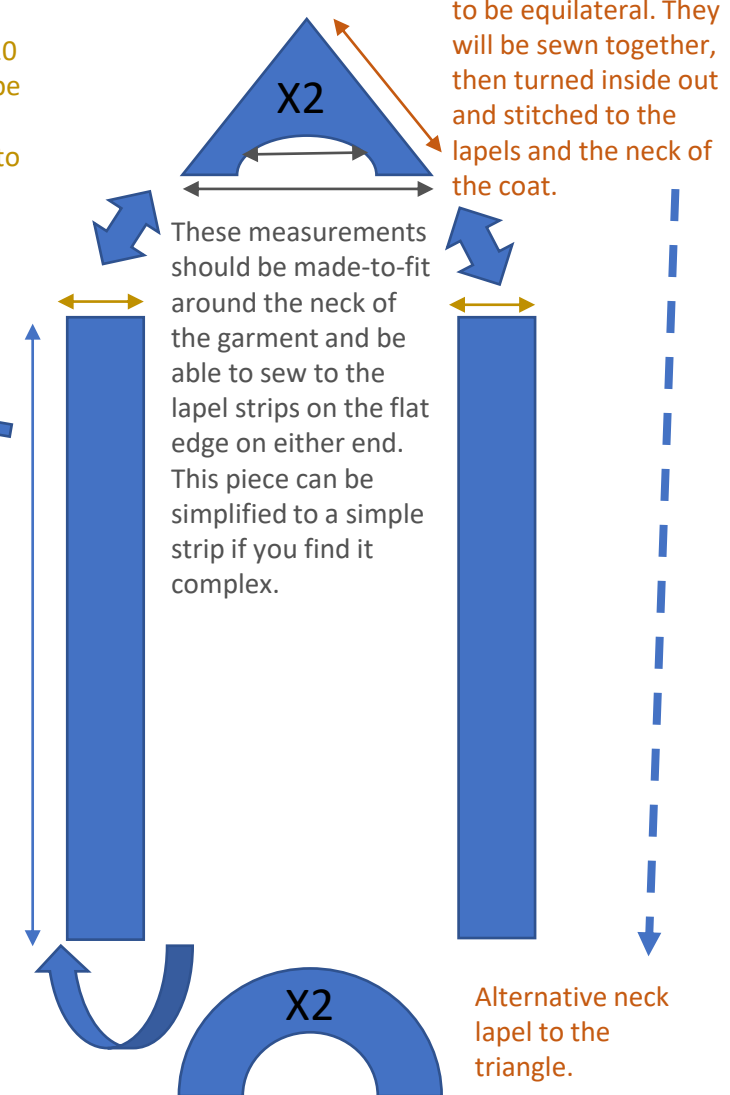
Making a Gaunaka, the Persian cloak

- For this garment, you are aiming for a long coat, similar in size and coverage to a dressing gown.
- The garment was worn on the shoulders, the sleeves were purely decorative, so don't worry about sleeve fit. They should be too long and either too tight at the wrist or too wide overall.
- You can use linen, wool, cotton, and leather in the construction. Many were made with fur lining and decorative ones could have gold and jewels sewn in. The traditional ones would likely have been wool as they are a riding coat, functionally.
- After you have constructed it, find some way to secure it with either a pin/brooch or ties of some kind.

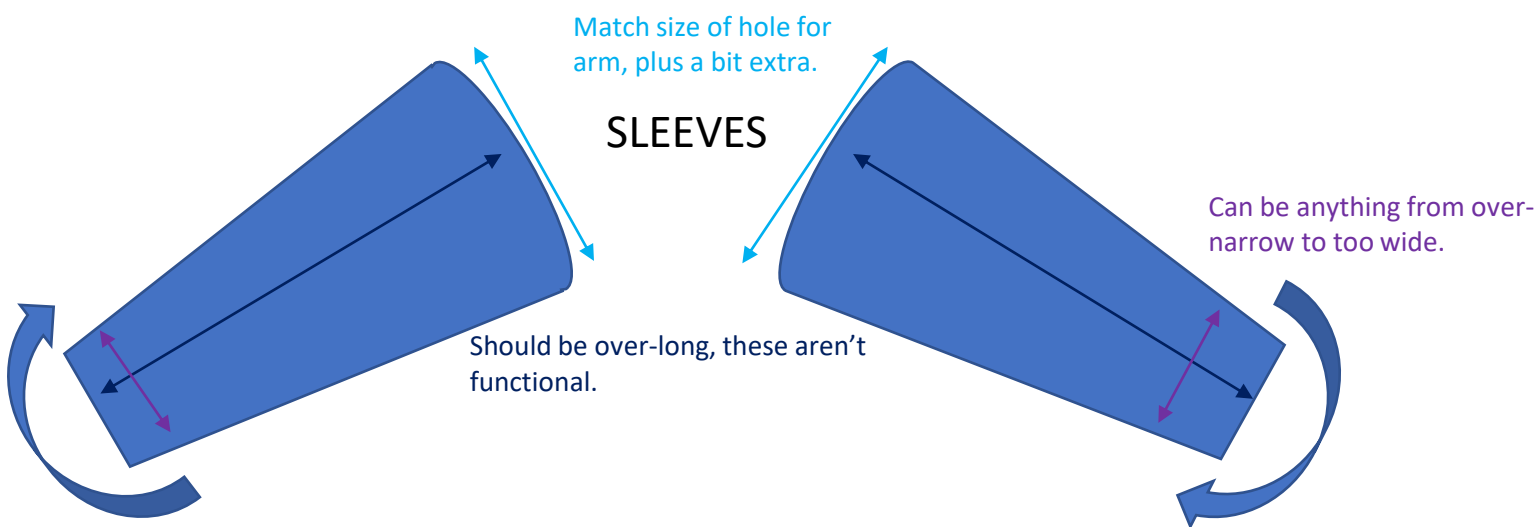




LAPELS



SLEEVES



Steps

1. Measure yourself, and be generous. This is a dressing gown of sorts. Also give plenty of seam allowance.
2. Cut the pieces shown previously along your measurements.
3. Lay the left and right pieces on the back, as if the garment is constructed and sew together the tops of the shoulders – the back piece to the left and right pieces. This is a good time to check the neck fit, and the length by draping the coat on your shoulders.
4. Now sew the curved, longer edge of the sleeves to the sleeve holes. If your sleeves are too wide or the holes too small you can adjust it here.
5. Lay the garment flat and you'll see you now have two continuous joins from wrist, under the arms, and down the sides on the left and right. Sew the inside edges of the left and right panels to the back piece all the way up to the wrist.
6. You now have a rough garment you can try on to check the fit. This is the stage to make any corrections, re-sew, or tailor the garment.
7. Now we need to finish it. If you don't plan on adding cuffs or a lining, you should now double-hem the sleeves at the cuff.
8. Sew on the bottom edging so that envelops the raw edge. This makes it look good and adds durability to the bottom edge.
9. Now for the lapel at the neck (or collar if you will). Whether you do the tringle or the curved piece, you will need two of them cut out. Sew these two together along the long edge, then turn the correct way round. Now fold the long lapel pieces in half by the short edge, so the long edges touch. Sew the one end each of these two pieces to the collar, hiding the raw edges inside the fold.
10. Now to attach the lapels. You should sew the neck section on first. Start by turning the garment the right way round, with the raw edges etc hidden inside. Now insert the lapels inside the coat. You should match the raw edges of the lapels with the raw edge of the coat and sew.
11. Next, turn the lapels the right way round by pulling them to the outside and laying them against the coat, as lapels should sit. To make them sit where they should, sew a line of stitching an inch or two in from the edge of the coat. The stitch will pin the lapel and collar to the coat on the correct side.
12. Add a tie or brooch to the coat near the chest or shoulders in order to secure it to you while you wear it.
13. You now have a Gaunaka!

Advanced steps

- Add cuffs to the ends of the sleeves to extend them and add decoration. This was very common, with cuff outlines visible on many reliefs.
- Line the garment. The easiest way to do this is choose a lighter material, like linen or cotton, for the lining. Cut out the sleeves, back, left, and right panels from this lining and sew them together. Then, BEFORE any hemming, or adding lapels or edging, turn the lining so the raw edges are on the outside. Now insert the lining sleeves-first and sew the lining at the cuffs, then at the edges. You can hide the raw edges or leave them exposed and cover them with cuffs/lapels/edging.
- Alternative lapel fitting: Instead lay the lapel on the outside and sew the raw edges together. Now hide the raw edge of the coat the same way as the bottom edge with some matching edging material.
- You can always embroider the lapels and cuffs. The Oxus figures show detailing of natural patterns, possibly flowers or vines, as well as sun-motifs on the lapels.